

Nurses need their breaks

Safe nursing practice requires that nurses have time for meal periods and rest periods.

UNA's Provincial Collective Agreement specifies that every Employee gets full breaks, or if it is absolutely not possible, she must be paid for scheduled work during breaks and paid double time if the break is not re-scheduled.

Article 7.01 (d) Employees recalled to duty during their meal periods or rest periods or unable to take a rest period or meal period, shall be given a full meal period or rest period later in their Shift, or, where that is not possible, be paid as follows:

- (i) for a rest period, at 2X their Basic Rate of Pay rather than at straight time; or
- (ii) for a meal period for which the Employee is entitled to be paid under Article 7.01 (c) at 2X their Basic Rate of Pay rather than at straight time; or
- (iii) for a meal period for which the Employee is not otherwise entitled to be paid, at 2X their Basic Rate of Pay.



United Nurses of Alberta