

Designated Days of Rest

Article 7.04 (c) of the Provincial Collective Agreement gives nurses a degree of flexibility by allowing them two consecutive days off, known as Designated Days of Rest. This allows Employees to come to a mutual agreement with the Employer to move their Designated Days of Rest.

Designated Days of Rest cannot be cancelled, they can only be moved to a later date. This does NOT mean the Employer can unilaterally change the Days of Rest.

Employers are allowed to ask Employees if they would like to switch their designated days off. But Employees can always say no. Employers cannot coerce or eliminate designated days of rest for Employees.

If an Employee feels unduly pressured to change the scheduled days of rest she should contact her Local Executive or a UNA Labour Relations Officer.



United Nurses of Alberta